

2019 ANNUAL SCIENTIFIC ASSEMBLY



COME FLY WITH MAFP

Celebrating

70

YEARS



MISSISSIPPI ACADEMY
OF FAMILY PHYSICIANS

BAYTOWNE CONFERENCE CENTER - SANDESTIN, FLORIDA

JULY 20-24, 2019



COME FLY WITH MAFP

MAFP 2019 Annual Scientific Assembly

Times of events are tentative and may change before the meeting.

SATURDAY, JULY 20

- 1 - 5 pm KSA Group Learning Session on Mental Health in the Community
- 3 - 7 pm Registration Desk Open
- 6 pm MAFP Board Meeting

SUNDAY, JULY 21

- 7 am - 6 pm Registration Desk Open
- 7 - 8 am Breakfast Buffet
- 8 am CME Sessions
- 5 pm Foundation Board Meeting
- 6 - 7:30 pm MAFP Family Fun Night

MONDAY, JULY 22

- 6:45 - 7 am MAFP Sunrise Devotional
- 7:15- 7:45 am MAFP Yoga
- 7 am - 1 pm Registration Desk Open
- 7 - 8 am Breakfast with Exhibitors
- 7 am-12:30 pm Physician Marketplace Open
- 8 am CME Sessions
- 2 pm MAFP Golf Tournament
- 5-7 pm Academy Amazing Race

TUESDAY, JULY 23

- 6:45 - 7 am MAFP Sunrise Devotional
- 7:15- 7:45 am MAFP Yoga
- 7 am - 1 pm Registration Desk Open

TUESDAY, JULY 23 (continued)

- 7 - 8 am Breakfast for Past Presidents, Past Family Physicians of the Year and Past Military Award Recipients
- 8 am CME Sessions
- 7 - 8 am Breakfast with Exhibitors
- 7 am-12:30 pm Physician Marketplace Open
- 9 am MAFP Spouse Bingo
- 12:15 pm MAFP Business Meeting (Lunch Provided)
- 2 - 6 pm MAFP Charter Fishing Trip
- 3 - 5 pm MAFP Marina Bay Day
- 6 pm MAFP Foundation Draw Down
- 6 - 9 pm MAFP Kids Night Out
- 7:30 pm MAFP 70th Annual Dinner

WEDNESDAY, JULY 24

- 6:45 - 7 am MAFP Sunrise Devotional
- 7:15- 7:45 am MAFP Yoga
- 7 am - 1 pm Registration Desk Open
- 7 am MAFP Board Meeting
- 7 - 8 am Breakfast with Exhibitors
- 7 - 11 am Physician Marketplace Open
- 8 am CME Sessions
- 9 am Loot and Scoot for Kids in Physician Marketplace
- 12:45 pm Adjournment and Giveaways

CME Topics and Faculty

Shark Bites and Fishhooks

John S. Cullen, MD, AAFP President
Valdez, AK

Improving Diagnosis and Treatment of Atopic Dermatitis Through Collaborative Primary and Specialist Care

Luz Fonacier, MD
Mineola, NY

Five Things I Wish I Knew Last Year

Louis Kuritzky, MD
Clinical Assistant Professor Emeritus, Department of
Family Medicine, Univ. of Florida College of
Medicine, Gainesville, FL

The Lupus Hub: Family Physicians' Role in SLE

Louis Kuritzky, MD

Dairy Through the Life Cycle

Jim Painter, PhD, RDN
University of Texas

Ten Foods to Reduce Heart Disease

Jim Painter, PhD, RDN
University of Texas

New Drug Update Part One & Two

C. Wayne Weart, PharmD, BCPS, FASHP, FAPhA
Professor of Clinical Pharmacy and Family Medicine,
Medical University of South Carolina, Charleston, SC

Practical Strategies for Improving Outcomes in Obesity Management & Obesity Management Breakout Groups-

Deborah B. Horn, DO, MPH
UT Center of Obesity Medicine and Metabolic
Performance, Bellaire, TX

Insulin Therapy & Insulin Therapy Workshops

Davida Kruger, MSN, APN-BC, BC-ADM
Henry Ford Health System
Division of Endocrinology, Diabetes and Bone
Disorders, Detroit, MI

Amy Butts, PA-C, MPAS, CDE, BC-ADM
Wheeling Hospital, Wheeling, WV

Evaluation and Workup for Pelvic Pain in Women

Erin Carey, MD
Division Director of UNC Minimally Invasive
Gynecologic Surgery
University of North Carolina, Chapel Hill, NC

Ensuring Early Diagnosis and Targeting Treatment to Remission in Patients with Rheumatoid Arthritis

Barbara Goldstein, MD, MMSc, Asst. Professor
University of Colorado, Aurora, Colorado

And More

KSA Group Learning Session: Mental Health in the Community

Saturday, July 20, 1-5 pm, Baytowne Conf. Center

Easily fulfill the 60-question Knowledge Self-Assessment (KSA), formerly SAM, with this one-day session that meets your ABFM's Family Medicine Certification Self-Assessment Activities requirement.

- Review 60 core competency questions with experienced family physician faculty, and decide the best answer with your colleagues
- The AAFP reports your answers directly to ABFM on your behalf
- Approved for up to 8 AAFP Prescribed credits

Space is limited. **The fee is \$125 for members/ \$250 for non-members. Register on the enclosed form.**

'70 for 70' Club Honors Past Presidents

We applaud the 70 members who have led the MAFP over the 70 years we have grown as an Academy. Each of them has taken on the responsibility of leading the state's largest medical specialty association while also managing the duties of a busy medical practice.

The '70 for 70' Club has been established to help celebrate our milestone anniversary, remember our outstanding leaders and help build our Foundation. Help us honor one (or several) of these outstanding physicians by giving a donation to the MAFP Foundation in their name.

More info at <https://www.msafp.org/70>



MAFP Events & Family Fun

UP, UP AND AWAY! FAMILY FUN NIGHT, Sunday, July 21, 6 - 7:30 pm

Prepare the cockpit for departure for a first-class flight to fun! Welcome aboard the opening night full of kid friendly in-flight snacks, games, face painting and more. Fee is included in registration.



MAFP SUNRISE DEVOTIONALS

Monday - Wednesday, 6:45 - 7 am

Be a part of the fellowship and enjoy the beautiful surroundings of the Village as we gather for 15 minutes on the Grand Lawn. Fee is included in registration.



MAFP YOGA

Monday - Wednesday, 7 - 7:30 am

Join us for an invigorating and inspirational yoga class that can help you gain strength, coordination and cardiovascular health. Those of all fitness levels are welcome. Fee is included in registration.



MAFP GOLF TOURNAMENT

Monday, July 22, 2 pm

Shotgun Start, \$130 per player

The Raven Golf Club is a natural wonder that presents drama and strategy on every tee. The format will be a 4-person scramble. Prizes will be awarded to first and second place teams. Other prizes determined by number of entries. The \$130 cost includes greens fees, cart rental with GPS, range balls, and refreshments. Please register on the enclosed form.



ACADEMY AMAZING RACE

Monday, July 22, 5-7 pm

\$30 fee per family or team

The Academy Amazing Race is back by popular demand! The race will take place at various locations throughout the Sandestin Resort. This game will be similar to a huge scavenger hunt with challenges and clues along the way. Instead of receiving a list of objects to find, clues will be given throughout the game that lead each team to a particular destination where a task, challenge or clue is waiting. Once completed to the judges' satisfaction, teams receive their next challenge. They either race to their next clue, find it in a hidden location or complete a task to receive it. There are detours where teams must choose which challenge they will complete and there are roadblocks to challenge the group. Each team is racing to be the first team to the finish line and become the champions of the Academy Amazing Race. The \$30 fee includes game instruction, judges and refreshments. Please register on enclosed form.



MAFP SPOUSE BINGO

Tuesday, July 23, 9 am

Spouses, enjoy the fun of a traditional BINGO game while making friends with other family members at the convention. We will award lots of prizes. Kids are welcome, but they will receive a 'kid's prize.' Fee is included in registration.



MAFP CHARTER FISHING TRIP

Tuesday, July 23, 2-6 pm, \$180 per person

Destin's offshore shelf dips straight to 100-foot depths within 10 miles, boasting the fastest deep-water access to the Gulf, and 20 species of edible game fish are always in seasonal runs. Each boat can accommodate six people. Recommended dress is soft-soled deck shoes, hat, sunglasses and plenty of sunscreen. Guests meet at the East Pass Marina in Destin. The \$170 fee includes captain, crew, bait, rods, tips and refreshments. Please register on the enclosed form.



MAFP MARINA BAY DAY

Tuesday, July 23, 3-5 pm

Bring the family and enjoy picturesque Choctawhatchee Bay at the Baytowne Marina. Floating fun includes kayaks and paddle boards along with beach games and refreshments. Be sure to bring a towel and sunscreen. The MAFP is sponsoring Bay Day, but please register on enclosed form. Fee is included in registration.



TIME FLIES WHEN YOU'RE HAVING FUN! PRESIDENT'S RECEPTION, DRAW DOWN AND DINNER, Tuesday, July 23, 6 - 9 pm

We will begin circling for final approach as our Pilot In Command, Dr. David Wheat and his Co-Pilot, Sherry, leads everyone to the reception in the Physician Marketplace runway. Reception attendees will visit with exhibitors and take part in our Foundation's \$10,000 Draw Down. The MAFP Foundation sponsors the Draw Down to raise funds for projects throughout the year. Draw Down tickets can be purchased on the enclosed form. At 7:30 pm, the gates will open for the MAFP 70th Annual Dinner. The dinner ceremonies will feature award presentations and the installation of the MAFP Officers and Directors. The finale of the convention is in-flight entertainment which includes a slide show of MAFP member photos captured throughout the 2019 Annual Meeting. Reception and dinner fee is included in registration.



MAFP KIDS' NIGHT OUT

Tuesday, July 23, 6-9 pm, \$45 per child

The MAFP will provide a private "Kids' Night Out" for our members so that you may attend the President's Reception, Draw Down and Dinner on Tuesday. Ages 4-11 only. The \$45 fee includes games, crafts, dinner and staff supervision. Please register on the enclosed form.



MAFP Events & Family Fun

LOOT AND SCOOT FOR KIDS

Wednesday, July 24, 9 am

We ask that all kids stay out of the Physician Marketplace during the week, but on Wednesday at 9 am, we turn the room over to them for a Loot and Scoot party. The kids are given a bag and can visit the exhibitors for their "leftover" goodies. Fee is included in registration.



CLUB KZ CHILDREN'S PROGRAM AT SANDESTIN RESORT - Ages 4-12

The Sandestin Golf and Beach Resort offers activities to enhance your child's stay. Kids should bring a swimsuit, towel, change of clothing, appropriate footwear and sunglasses. Advanced reservations are required by calling (850) 267-7000 or e-mailing clubkz@sandestin.com. Cancellations made within 6 hours of program start time will be charged for the session. Ask about discounts available for multiple children.



CLUB KZ DAY PROGRAMS: Take place from 9 am - 2 pm. \$55 per child, which includes lunch.

CLUB KZ PARENTS' NIGHT OUT: 5 - 9 pm. Kids enjoy a night full of games, sports, arts and crafts, star gazing, night walks, pizza dinner, and a movie. \$50 per child, includes dinner.

REGISTRATION

Mail your completed registration form and check made payable to MAFP to reach the office by July 1, the early-bird deadline, to save money on registration. In the event you must cancel, your fee (less \$75) will be refunded if we are notified prior to July 1. No refunds will be made after July 1. **NO REGISTRATIONS OR ACTIVITIES MAY BE CANCELLED AFTER ARRIVING AT CONVENTION.**

ACCOMMODATIONS

You may call the Sandestin Group Reservations at (800) 320-8115 for room reservations. The MAFP group code is 23K5P9. See the housing request form for more information. Our rooms will be released on June 19, so make your reservations today! www.sandestin.com



ACCREDITATION AND OBJECTIVES

Application for CME credit is being filed with the American Academy of Family Physicians for up to 16 hours of Prescribed credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity. CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit. MAFP participants will receive current information on diverse medical subjects pertinent to patient care in daily practice. Specific objectives will be listed in the syllabus.



GOLF DISCOUNTS

MAFP members can enjoy a discounted golf rate after 2 pm. More info: The Raven: \$81, (850) 267-8155. Baytowne: \$67, (850) 267-8155. The Links: \$57, (850) 267-8144.



BICYCLE RENTALS

Cruise through Sandestin Resort on a bike with the whole family. The MAFP has negotiated the lowest rate in town at \$30 for adults and \$25 for kids per week per bike with FREE delivery and pick-up. You may order online at contact@destinbikesrus.com or call Shari at (850) 837-6947. BIKES R US is open 7 days a week. Make sure you mention MAFP to receive a discount.



KIDS' OR EXTRA T-SHIRTS - \$15 EACH

Each registrant and spouse registrant receives a convention t-shirt with their registration. We are offering children's t-shirt sizes X-Small (2-4), Small (6-8), Medium (10-12), Large (14-16) and Adult Small. \$15 per shirt. Please order on the registration form for a kid's or extra t-shirt.

ATTIRE

Casual dress will be appropriate at all functions except the Tuesday evening dinner, which is business casual attire. We request that our former presidents wear their green jackets on Tuesday night.



PHYSICIAN MARKETPLACE EXHIBIT HALL

With over 80 exhibitors, attendees will have the opportunity to make great contacts. The Physician Marketplace will open each morning with breakfast and will host the Tuesday night MAFP Draw Down and President's Reception. If you visit all the booths, you will be eligible for the Grand Prize Giveaways on Wednesday.



MAFP HAS GONE GREEN

The MAFP offers online meeting materials, including speaker presentations. Attendees may still receive a hard-copy syllabus for an additional \$100 fee. Please mark which type of syllabus you prefer on the enclosed registration form.



MAFP MEMBERSHIP PINS

Please bring your MAFP membership pin to attach to your nametag. We will have pins for members who have not received one. Additional pins are \$10.