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GULF COAST PHYSICIAN RECEIVES HONORARY DEGREE FROM AMERICAN ACADEMY OF FAMILY PHYSICIANS

JACKSON, July 29, 2020 – Sarah E. Barowka, MD, FAAFP, a family physician

in Pass Christian, was chosen **New Physician of the Year** by the Mississippi

Academy of Family Physicians (MAFP). The award recognizes an outstanding

practicing family physician who is less than 7 years post-residency. MAFP members

submit nominations each year for the New Physician award and other awards.

Dr. Barowka has also achieved the Degree of Fellow from the American

Academy of Family Physicians (AAFP), the national medical association representing

nearly 129,000 family physicians, residents and medical students. Criteria for

receiving the AAFP degree of fellow consists of a minimum of six years of

membership in the organization, extensive continuing medical education,

participation in public service programs outside medical practice, conducting

original research and serving as a teacher in family medicine.

“Being recognized with the Degree of Fellow has great significance among

family physicians,” said Mississippi Academy of Family Physicians (MAFP) President

Dr. James Griffin of Hattiesburg. “Not only does it represent the respect of one’s

peer physicians, but it symbolizes high personal standards as well.”

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MISSION: Supporting Family Medicine physicians as they improve the health of all Mississippians.

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Dr. Barowka is a board-certified family physician who recently moved to the Gulf Coast to practice medicine at Ochsner Health; she is practicing virtually at present and will soon be part of an Ochsner clinic opening in Picayune in the coming weeks.

Before joining Ochsner in May 2020, Dr. Barowka was part of the North Mississippi Family Medicine Residency Program in Tupelo – first as a resident, then as an attending physician, including service as Family Medicine Department Chair. She served on the North Mississippi Medical Center’s Medical Education Committee, Program Evaluation Committee, Employee Health Medical Director and more.

Dr. Barowka is a graduate of Rhodes College in Memphis, Tenn., and completed her medical degree from the Louisiana State University Health Sciences Center in New Orleans, La. She earned board certification from the American Board of Family Medicine and holds certifications in Advanced Cardiac Life Support, Advanced Trauma Life Support, Neonatal Resuscitation Program and Pediatric Advanced Life Support.

Dr. Barowka is a member of the Society for Teachers of Family Medicine, the Mississippi State Medical Association, the American Medical Association and the Southern Medical Association. She has volunteered her time as a physician to CATCH Kids organization, the Good Samaritan Free Clinic and serves on the MAFP Foundation Board of Trustees.

No stranger to awards, Dr. Barowka earned the All-Star award in 2016 and 2017 from North Mississippi Medical Center, and both the Teamwork Award and Art of Medicine Award from NMMC Family Medicine Residency Program.

Dr. Barowka and her husband, Brian Gilland, married in the Spring of 2020 and live in Pass Christian.

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The MAFP has over 1,300 members consisting of physicians, residents and medical students.

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